

Lambley Primary School

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School Meals Special Edition

Packed Lunches

Quite a large number of our KS2 pupils come to school with packed lunches daily. As a healthy Eating School, we want to encourage healthy lunches that are nutritious and that fill their tummies! Please take a look at the following website for some great ideas;

<https://www.nhs.uk/change4life-beta/recipes/healthier-lunchboxes#eY4Lhei3UQrAjHjF.97>

Remember the following school rules for lunches, snacks and drinks at school:

- Every child should come to school with a bottle of water each day
- You are permitted to send your child with an item of fruit for morning break
- Do not send your child with sweets or chocolate bars in their packed lunch
- Packed lunches must not contain nuts

If you send your child with a separate drink for lunch, we recommend water or small quantities of milk or fresh fruit juice. Try to avoid cordials and drinks containing added sugar.

School Meals

Last term, our Pupil Voice committee selected the new menus and these are now being used. The main change has been the addition of a starter in place of a pudding on some of the days. Pupils made sure that they kept their classmates favourite meals and so far, the choices have been popular.

There continues to be a choice of 2 options per day, including a vegetarian option. If your child has any special dietary requirements and this information has been passed on to the school office, our lunchtime team ensure that the menu meets their needs. If you are ever concerned about this, please talk to one of us.

I try to make sure I eat a school meal on at least a weekly basis and I have to say that I am impressed by the quality. A good meal in the middle of the day is a good thing indeed!

Willow, Elm & Birch Thursday Lunchtime Special

This Thursday we are having a 'try a school meal' event for all pupils in Willow, Elm and Birch Classes. It is roast gammon on the menu and this is always a popular choice. This week we will be ordering and preparing enough for every child in these classes to try a meal, even if they usually have a packed lunch. I will have mine with them while we encourage them to give it a go. We hope that this will encourage pupils who usually bring packed lunches to opt in to the daily universal free school meals offer in the future.

Don't worry if your child is a bit of a fussy eater or reluctant to give it a go, you can still send them with a packed lunch as back up! We will encourage them to try a bit of the school dinner (even if it is a very small amount) before reverting to the packed lunch provided by you. Please be assured that we will not let them go hungry. Any questions, please ask.

Class Blogs- <http://lambleyprimaryschool.org.uk/news/> Please check out your child's class blog and talk to them about their learning activities. Willow Blog includes a video to help with Phonics.

We believe that safeguarding children is everyone's responsibility.

At Lambley we are committed to keeping our children safe from harm. Vicky Dilnot, Rebecca Shardlow and Jennifer Swinburne have responsibility for safeguarding & child protection. If we have any concerns reported to us we will always take action to protect a child and inform the relevant agencies.

Health & Safety Information: Open Doors

As you know, we open the gate and classroom doors at 8:50am to receive the children, allowing them 10 minutes of important settling in time before the school day begins. For the most part, this is a really effective system but we have a couple of Health & Safety issues that need addressing.

At times, parents or carers slip into the cloakrooms and make their way through the classroom to speak to their child's teacher or another adult in school. These people have not signed in and we are concerned that if there were an emergency situation of any sort, we would not know who was in the building. Additionally, it disturbs the teacher and other children. In response to this, we ask that you make an appointment to see your child's teacher at the end of the day or make your way to the main school entrance to speak to someone in the office. The person in the office will ask you to sign in the visitors' book and wear the appropriate visitors badge if you are staying for any length of time.

From today, we have a named adult on duty at the entrance doors to Elm cloakroom and the KS2 cloakroom. This adult is there to ensure that no child slips out after being dropped off by their parent or carer. They will also be there to remind you to make your way to the main entrance if you need to see someone. I am sure you will appreciate that this is an important safeguarding step. Your support with this is very much appreciated.

Health & Safety Information: Supporting Pupils with Additional Needs

It is common for schools to have pupils on roll with additional needs and we are no exception to this. We are committed to inclusion. This can mean that individual pupils require periods of one to one time with an adult to support them academically, developmentally, emotionally or socially. Where relevant, these pupils will have a behaviour plan in place and additional support from other agencies who provide advice and resources to help us meet the needs of the pupils.

At present we have a young pupil on roll who requires this additional support. This means there is increased supervision throughout the school day. During the lunch hour, we have five Midday supervisors (enough for 150 pupils) and an additional named adult who is there to provide specific support and ensure the behaviour plan is effective. We hope this brings reassurance that we are doing what we can to ensure the wellbeing of all of our pupils.

Awesome Authors! Brilliant Books

Friday 20th October is an INSET day and as school will be closed, I wanted to let you know what this time will be used for.

Reading is a key priority of our school improvement work for this coming year and we are working hard to develop positive attitudes to reading in addition to supporting pupils as they develop their vocabulary for reading. Some of the INSET day will be spent working on these areas.

As a school, we are developing a structured approach to reading using a programme from an organisation called 'Fischer Family Trust'. The INSET day will be spent developing our understanding of this programme and how to teach the children the necessary reading skills.

Vicky Dilnot

Head Teacher

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